

8 "Spider" Guitar Warm Up Exercises

by Diego Ruiz

Standard tuning

♩ = 60

Ex.1 - METRON.CLICK: 60-90-120-150

Ex. 1, measures 1-2. The notation shows a treble clef and a 4/4 time signature. The melody consists of eighth notes with a sequence of sharps and naturals. The guitar TAB below shows the fret numbers for each note: 1, 4, 3, 2, 1, 4, 3, 2, 1, 1, 2, 3, 4.

Ex. 1, measures 3-4. The notation continues the melody from the previous section. The guitar TAB shows fret numbers: 1, 4, 3, 2, 3, 2, 1, 4, 1, 4, 3, 2, 1, 4, 1, 2, 3, 4.

Ex. 1 b, measures 1-2. The notation shows a treble clef and a 4/4 time signature. The melody features a sequence of notes with a sharp and a natural. The guitar TAB shows fret numbers: 1, 4, 3, 2, 1, 4, 1, 4, 3, 2, 1, 1, 2, 3, 4.

Ex. 1 b, measures 3-4. The notation continues the melody from the previous section. The guitar TAB shows fret numbers: 1, 4, 3, 2, 3, 2, 1, 4, 1, 4, 3, 2, 1, 4, 1, 2, 3, 4.

Ex.1 c

BI

BIV

BVII

BIV

BI

ETC ETC...

BI

Ex.2 - METRON.CLICK: 60-90-120-150

Ex.2 b

24

Ex.2 c

BI **BIV** **BVII**

27

BIV **BI** **ETC ETC...** **BI**

30

Ex.3 - METRON.CLICK: 60-90-120-150

33

35

Ex.3 b

Ex.3 c

Ex.4 - METRON.CLICK: 60-90-120-150

Ex.4 b

Ex.4 b consists of two systems of musical notation. The first system covers measures 54 and 55, and the second system covers measures 56 and 57. Each system has a single melodic line on a treble clef staff and a bass line on a bass clef staff. The music features eighth and sixteenth notes with various accidentals (sharps and naturals). The bass line includes fingerings such as 1-4, 3-2, and 1-4. The piece concludes with a double bar line and repeat dots.

Ex.4 c

Ex.4 c consists of two systems of musical notation. The first system covers measures 59, 60, and 61, and the second system covers measures 62, 63, and 64. Each system has a single melodic line on a treble clef staff and a bass line on a bass clef staff. The music features eighth and sixteenth notes with various accidentals. The bass line includes fingerings such as 3-2, 1-4, 6-5, 4-7, 9-8, 7-10, 4-7, 6-5, 7-10, 9-8, 6-5, 4-7, 3-2, 1-4, 3-2, 1-4, and 3-2. The piece concludes with a double bar line and repeat dots.

Ex.5 (CLASSIC SPIDER) METRON.CLICK: 60-90-120-150-170

Ex.5 consists of two systems of musical notation. The first system covers measures 65 and 66, and the second system covers measures 67 and 68. Each system has a single melodic line on a treble clef staff and a bass line on a bass clef staff. The music features eighth and sixteenth notes with various accidentals. The bass line includes fingerings such as 1-2-3-4-1-2-3-4, 1-2-3-4-1-2-3-4, 1-2-3-4-1-2-3-4, and 1-2-3-4-1-2-3-4. The piece concludes with a double bar line and repeat dots.

Ex.5 b

B I **B IV** **B VII**

69

1 2 3 4 1 2 3 4 | 4 5 6 7 4 5 6 7 | 7 8 9 10 7 8 9 10

B IV **B I** **B I** ETC ETC...

72

4 5 6 7 4 5 6 7 | 1 2 3 4 1 2 3 4 | 1 2 3 4 1 2 3 4

(SHORT ADDITIONAL EX 1/6) (SHORT ADDITIONAL EX 2/6)

75

8 8 7 7 6 6 5 5 | 5 5 6 6 7 7 8 8

5 5 6 6 7 7 8 8 | 8 8 7 7 6 6 5 5

(SHORT ADDITIONAL EX 3/6) (SHORT ADDITIONAL EX 4/6)

77

7 8 7 8 7 8 7 8 | 5 6 5 6 5 6 5 6

5 6 5 6 5 6 5 6 | 7 8 7 8 7 8 7 8

(SHORT ADDITIONAL EX 5/6) (SHORT ADDITIONAL EX 6/6)

79

8 7 8 7 8 7 8 7 | 5 6 5 6 5 6 5 6

5 6 5 6 5 6 5 6 | 8 7 8 7 8 7 8 7

Ex.6 - METRON.CLICK: 60-90-110

81

1 2 3 4 1 2 3 4 | 1 2 3 4 1 2 3 4
 3 4 1 2 3 4 1 2 | 3 4 1 2 3 4 1 2

Ex.6 b

83

1 2 3 4 1 2 3 4 | 1 2 3 4 1 2 3 4
 3 4 1 2 3 4 1 2 | 3 4 1 2 3 4 1 2

Ex.6 c

85

B I **B IV** **B VII**

1 2 3 4 1 2 3 4 | 4 5 6 7 4 5 6 7 | 7 8 9 10 7 8 9 10
 3 4 1 2 3 4 1 2 | 6 7 4 5 6 7 4 5 | 9 10 7 8 9 10 7 8

88

B IV **B I** **B I** ETC ETC...

4 5 6 7 4 5 6 7 | 1 2 3 4 1 2 3 4 | 1 2 3 4 1 2 3 4
 6 7 4 5 6 7 4 5 | 3 4 1 2 3 4 1 2 | 3 4 1 2 3 4 1 2

Ex.7 - METRON.CLICK: 60-90-110

91

4 3 2 1 1 2 3 4 | %
 1 2 3 4 4 3 2 1 | %

93

4 3 2 1 1 2 3 4
1 2 3 4 4 3 2 1

Ex.7 b

B I

4 3 2 1 1 2 3 4
1 2 3 4 4 3 2 1

B IV

7 6 5 4 4 5 6 7
4 5 6 7 7 6 5 4

B VII

10 9 8 7 7 8 9 10
7 8 9 10 10 9 8 7

B IV

7 6 5 4 4 5 6 7
4 5 6 7 7 6 5 4

B I

4 3 2 1 1 2 3 4
1 2 3 4 4 3 2 1

Ex.8 - METRON.CLICK: 60-90

105

1 2 3 4 1 2 1 2 3 4
3 4 1 2 3 4 3 4 1 2

Ex.8 b

B I **B IV** **B VII**

1—2—3—4—1—2—1—2—3—4 4—5—6—7—4—5—4—5—6—7 7—8—9—10—7—8—7—8—9—10
3—4—1—2—3—4—3—4—1—2 6—7—4—5—6—7—6—7—4—5 9—10—7—8—9—10—9—10—7—8

B IV **B I** **ETC ETC...** **B I**

4—5—6—7—4—5—4—5—6—7 1—2—3—4—1—2—1—2—3—4 1—2—3—4—1—2—1—2—3—4
6—7—4—5—6—7—6—7—4—5 3—4—1—2—3—4—3—4—1—2 3—4—1—2—3—4—3—4—1—2